

Staying Ahead of the Curve

Effective 5 p.m. on September 4, 2020, cloth face coverings are required in public places with some exceptions.

| | Stay At Home | Modified Stay At Home (Phase 1) | Safer At Home (Phase 2.5) |
|--|--|---|---|
| Commercial Activity | Leave home only for essential purposes | More businesses open | More businesses open |
| Stay at Home Order | In place | In place, modified to allow more activities | Lifted, high-risk people encouraged to stay home |
| Retail | Essential only, 20% capacity | | |
| Gatherings | 10-person limit | 10-person limit, outdoor gatherings allowed | 25-person limit indoors 50-person limit outdoors |
| Child Care | Child care centers open for essential workers only | | |
| Teleworking | | | |
| Bars | | | |
| Restaurants | Takeout/delivery only | Takeout/delivery only | |
| Barbers, Salons and Personal Care | | | |
| Theaters and Music Venues | | | |
| Gyms and Indoor Exercise (bowling, skating, yoga, etc.) | | | Open at 30% occupancy |
| Museums and Aquariums | | | |
| Parks and Trails | Local Discretion | | |
| Day Camps | | | |
| Overnight Camps | | | |
| Large Venues, Arenas and Stadiums | | Open but with restrictions | Open but with restrictions |
| K-12 Schools | | | Districts can choose Plan B or C |
| Outdoor Playgrounds | | | |
| Pools | | | |
| Long-term Care Center Visitation | | | Open outdoor visits only |

Guidance on the requirements and recommendations for each phase is available online at [covid19.ncdhhs.gov/guidance](https://www.covid19.ncdhhs.gov/guidance).

Open
 Encouraged
 50% Capacity
 Open but with additional restrictions
 Closed



NC DEPARTMENT OF HEALTH AND HUMAN SERVICES